

## Summer menu 2010 - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RED</b>	Bacon & sausage meat pie	Homemade turkey burger in pitta pocket	Roast leg of pork stuffing, gravy, apple sauce	Beef Texan cornbread	Battered hoki fish
	Boiled new potatoes	Barbeque sauce	Roasted potatoes seasonal vegetables	Tomato, onion & cucumber mint salad	Chips
	Spaghetti hoops OR salad	Potato wedges & salad			Baked beans OR peas
<b>BLUE</b>	Cheese & onion potato pie	Crusty bread	Summer vegetable risotto	Tuna & sweetcorn filled rolls	Ham
	Spaghetti hoops OR salad	Cheese & pickle ploughman's		Salad	Chips
		Salad			Baked beans OR peas
<b>GREEN</b>	Vegetable pie	Quorn burger in pitta pocket	Roast Quorn, stuffing, gravy, apple sauce	Quorn mince Texan cornbread	Vegetable slice
	Boiled new potatoes	Barbeque sauce	Roasted potatoes seasonal vegetables	Tomato, onion & cucumber mint salad	Chips
	Spaghetti hoops OR salad	Potato wedges & salad			Baked beans OR peas
	Peach swirl sponge & custard	Fresh fruit salad with whippy cream	Fruited jelly mousse	Fruit surprise	Apple, cheese & crackers
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

- Bread available daily
- Where indicated, Halal chicken can be served if requested

## Summer menu 2010 - Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RED</b>	Mild turkey curry mango chutney	Homemade jumbo salmon fish 'finger'	Assorted cold meats	Roast chicken (halal available) stuffing & gravy	Italian beef meatballs in tomato sauce
	Pitta bread	Boiled new potatoes	New potatoes	Roasted potato dice	Wholewheat spaghetti
	Boiled rice	Buttered peas & baked tomato	Seasonal composite salads	Seasonal vegetables	Grated hard cheese
<b>BLUE</b>	Macaroni cheese with bacon (optional)	Cheese, courgette & potato tortilla	Eastern rice pilaf with seeds & spice	Granary filled S. L. T.  (Sardine, Lettuce & Tomato)	Chicken & mayo salad filled baguette
	Lettuce, tomato & onion salad	Buttered peas & baked tomato	Plain yoghurt		
<b>GREEN</b>	Mild spiced chickpea & lentil dhal	Oven baked vegetable fingers	Cheese & tomato pastryless quiche	Roast Quorn stuffing, gravy	Quorn mince Bolognese
	Pitta bread	Boiled new potatoes	New potatoes	Roasted potato dice	Wholewheat spaghetti
	Boiled rice	Buttered peas & baked tomato	Seasonal composite salads	Seasonal vegetables	Grated hard cheese
	Fresh fruit salad with evaporated milk	Greek yoghurt with honey & raisins	Lemon sponge with custard	Summer fruit smoothie with fairy finger	Tropical flapjack
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

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## Summer menu 2010 - Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>RED</b>	Sausage & bacon cowboy casserole	Lamb pastisio	Tuna & sweetcorn pasta bake	Finger lickin' sticky chicken (halal available)	Cheese & tomato pizza
	Spicy wedges	Garlic bread	Lettuce, cucumber & tomato salad	Savoury cous cous	Light coleslaw
	Crusty bread	Carrot, poppy seed & lemon salad		Sweetcorn & peas	
<b>BLUE</b>	Egg mayonnaise salad with crusty bread	Ratatouille penne pasta bake	Cauliflower & broccoli cheese bake	Sweetcorn chowder with pasta shells	Vegetarian paella
		Garlic bread	Lettuce, cucumber & tomato salad		Tomato & onion salad
<b>GREEN</b>	Vegetarian cowboy casserole	Quorn mince pastisio	Summer vegetable soup	Sticky oven roasted vegetables with feta	Cheese & tomato pizza
	Spicy wedges	Garlic bread	Crusty bread	Savoury cous cous	Light coleslaw
	Crusty bread	Carrot, poppy seed & lemon salad			
	Oaty fruit crumble with whipped cream	'Wait 'n' see' pudding	Fruited jelly & ice cream	Fresh fruit salad & ice cream	Fruited muffin
	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins	Fresh fruit or raisins

- Bread available daily
- Where indicated, Halal chicken can be served if requested