

Winter menu 2011 - Week 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

RED

Pepperoni pizza
with baked beans
or coleslaw

Roast beef or
roast chicken
(alternated 3 weekly)
gravy & trimmings,
roast/new potatoes &
winter vegetables

'Battered up' fish
'Walk the plank' chips
& 'shipwreck' peas
with fresh tartare sauce
or tomato ketchup

Italiano pork meatballs
with savoury cous cous
served with
peas & sweetcorn

Pan Haggerty
(contains bacon)
served with
tomato salad
& foccacia bread

BLUE

Alabama chilli
and rice

Rumpy Pumpu
pulse & vegetable soup
with bread roll

Lemony leek &
mushroom risotto

Fusilli salmon
carbonara
with salad

Cheese Ploughman's sala
with pickles

GREEN

Vegetarian pizza
with baked beans
or coleslaw

Roast Quorn
gravy & trimmings,
roast/new potatoes &
winter vegetables

Vegetarian breaded
'dead man's fingers'
'Walk the plank' chips
& 'shipwreck' peas
with fresh tartare sauce
or tomato ketchup

Vegetable paella

Vegetarian Pan Haggerty
served with
tomato salad
& foccacia bread

Wait 'n' see
pudding

Winter fruit crumble
with evaporated milk

Fresh fruit salad
& ice cream

Lemon swirl sponge
with custard

Cheese, cracker & apple

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Yoghurt

Fresh fruit or raisins

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Fresh fruit or raisins

- Bread available daily

- Where indicated, Halal chicken can be served if requested